



Executive Director: Deanna Watson
1001 S. Orchard St.
Boise, ID 83705
Main: 208-345-4907
Fax: 208-345-4909
Website: bcacha.org

Community Resource Booklet Ada County and Surrounding Areas



The information in this booklet is intended ONLY as a resource for community members and does not constitute medical, clinical, or legal advice. Boise City Ada County Housing Authority (BCACHA) attempt to provide relevant information, but neither BCACHA nor its members makes claims, promises, or guarantees about the accuracy, completeness, or adequacy of the information contained herein. Further, nothing provided herein should be used as a substitute for the advice of clinicians, other professionals, or legal counsel, which may be tailored to the specific circumstances of the individual’s needs and the community.

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ABUSE: Child & Elderly

Reporting Neglect, Abuse, and or Abandonment of a child:

Statewide: 855-552-KIDS (5437)

Treasure Valley: 208-334-KIDS (5437)

2-1-1 or local law enforcement

All callers can remain anonymous. Callers may provide their name and phone number for the assigned social worker to contact them to confirm the report and gather any additional information. Department staff DO NOT disclose caller information to the family. The social worker will tell the family the caller's information is confidential and if the family requests their records the information will be redacted.

Be prepared to provide the following information

The social worker will guide you through the reporting process, but some common things to have ready include:

- Child and family names, address, and phone number
- Current location of the child and if they are in immediate danger
- Description of any injury to the child and when and where the incident occurred
- Names of people who may also have information
- Explanation of your concerns regarding the child's safety
- Any additional information you have that may be helpful
- Your name, address, phone number, and relationship to the child

Useful information for callers:

It is OK if you are not sure if abuse, neglect, or abandonment has occurred but you feel you should call. Let the Department of Health and Welfare (DHW) or law enforcement decide if they have enough information to respond. You do not need to prove abuse, neglect, or abandonment has occurred before you call and make a report.

Ideally, the report should happen within 24 hours of becoming aware of the concerns. We recognize that making a report can be a difficult and scary decision. However, we need everyone to do their part to protect children. Remember, you do not need to prove your concerns before making the report.

Callers are immune from civil liability if they are reporting in good faith. (DHW, 2022)

Adult Protect Services

Southwest Idaho Area Agency on Aging

Phone: 208-898-7060

Toll Free: 844-850-2883

Abuse means the intentional or negligent infliction of physical pain, injury or mental injury.

Neglect means failure of a caretaker to provide food, clothing, shelter or medical care reasonably necessary to sustain the life and health of a vulnerable adult, or the failure of a vulnerable adult to provide those services for themselves.

Exploitation means an action which may include, but is not limited to, the unjust or improper use of a vulnerable adult's financial power of attorney, funds, property, or resources by another person for profit or advantage.

Vulnerable Adult is a person 18 years or older who is unable to protect himself from abuse, neglect or exploitation due to physical or mental impairment which affects the person's judgment or behavior to the extent that he lacks sufficient understanding or capacity to make or communicate or implement decisions regarding his person.

DOMESTIC VIOLENCE

Advocates Against Family Violence (AAFV)

1508 Hope Ln, Caldwell, ID

Hotline: (208) 459-4779

Tel: (208) 459-6339

Shelter: (208) 459-6279

<https://www.aafvhope.org/>

Advocates Against Family Violence (AAFV) works to [eliminate domestic abuse](#) by helping individuals make positive life changes through counseling, adult and teen outreach, court advocacy, affordable housing, emergency shelter services, and community involvement.

Faces of Hope

417 S 6th St, Boise, ID

Tel: (208) 577-4400

<https://www.facesofhopevictimcenter.org/>

Domestic Violence, Sexual Violence, Elder Abuse, Child Abuse, and Stalking. Faces of Hope Victim Center is a warm and welcoming place, where people affected by interpersonal violence can come and receive help, with no judgment, no strings, and no fees. What can we help with? We have seventeen private and public partners that collaborate to deliver:

- Safety planning, protection orders, and civil legal aid.
- Law enforcement reporting, and information on the criminal process and judicial system.

- Medical care, forensic examinations, and crisis counseling.
- Support groups, empowerment classes, and self-defense classes.
- Emergency assistance with food, shelter, clothing, transportation, basic necessities, and diapers.
- Information and referrals to community resources, including referrals to financial literacy classes, employment assistance, job training, food stamps, food banks, crime victims' compensation, and other public assistance programs.

Women's and Children's Alliance (WCA)
 720 West Washington St. Boise, ID
Tel: (208) 343-3688
Domestic Violence Hotline: (208) 343-7025
Sexual Assault Hotline: (208) 345-7273
<http://www.wcaboise.org>

Safe shelter, Court Advocacy, Safety planning, Counseling and Support groups, and case management. WCA provides intensive and crucial assistance for survivors to regain and rebuild their lives. All services are provided at no cost to clients, thanks to the generosity of supporters.

MEN

National Organization for Men Against Sexism (NOMAS)
 1-720-466-3882
www.nomas.org
A Call to Men
 1-917-922-6738
www.acalltomen.org
Men Stopping Violence
 1-866-717-9317
www.menstoppingviolence.org

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| BEHAVIORAL HEALTH: Adult & Child |
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Adult Behavioral Health Services

Access Behavioral Health (adults and children)

Access is an outpatient behavioral health clinic. We serve people of all communities and currently offer two locations in Boise and in Nampa. Our desire is to help improve the quality of daily life for our clients.

Access Behavioral Health Services is a for profit agency that serves the public without regard to race, creed, age, national origin, color, religion, gender, sexual orientation, veteran status or inability to pay. The owners have been in the field of human services for a combined 30+ years. At Access we pride ourselves on providing best-practice client-centered services.

1276 W. River St Suite 100
Boise, ID 83702
Phone: (208) 338-4699
Fax: (208) 322-4722

3307 Caldwell Blvd Suite 104
Nampa, ID 83651
Phone: (208) 465-4833
Fax: (208) 467-2654

Idaho Behavioral Health Community Crisis Center for Adults Only – 24/7

Pathways Community Crisis Center of Southwest Idaho
Tel: 833-587-4747
7192 Potomac Dr. Boise, ID 83704

Case Managers of Idaho

6003 W Overland Rd, Suite #301. Boise, ID.
Phone: (208) 801-6806
Fax: (208) 694-6301

Hours: Monday-Thursday: 9:00 am - 6:00 pm (After hours by Appt. Only) Closed: Friday, Saturday & Sunday.

Case Managers and Mental Health Counselors of Idaho, we provide non-judgmental, caring support through counseling, Community-Based Rehabilitation, Peer and Family Support, and Case Management to aid in the process of personal development.

Human Supports of Idaho

Behavioral health services clinic provides a collaborative and non-judgmental environment where participants can receive the services and support needed for recovery and enhancement of life. Counseling, Community Programs, Supplemental Services, Medication Management, and Drug/Alcohol Treatment are the services we offer.

Boise Office:
4477 W Emerald Street, STE C-100
Boise, Idaho 83706
Phone: (208) 321-0160
Fax: (208) 321-0221
Hours: Mon-Thurs: 9am-6pm and Friday: 9am-5pm

Caldwell Office:
314 Badiola Street
Caldwell, ID 83605
Phone: (208) 454-8389
Fax: (208) 454-8404
Hours: Mon-Fri: 9am-5pm

Idaho Department of Health & Welfare Mobile Crisis Unit (MCU)

Tel: 208-334-0808

If you are unsure how to handle a mental health condition, the MCU has a 24/7 call center that helps people who need immediate attention (such as a person who may have a plan to hurt someone or

themselves) or people who need referrals (such as someone who'd like advice on how to find a provider).

LGBT National Hotline

Hotline: 888-843-4564

Email: help@LGBThotline.org

HOURS: Monday thru Friday from 1pm to 9pm, pacific-time and Saturday from 9am to 2pm, pacific-time.

The LGBT National Hotline is for all ages. We provide a safe space that is anonymous and confidential where callers can speak on many different issues and concerns including, but not limited to, coming out issues, gender and/or sexuality identities, relationship concerns, bullying, workplace issues, HIV/AIDS anxiety, safer sex information, suicide, and much more.

National Alliance on Mental Illness (NAMI) Boise

Tel: 208-376-4304

Hours: Weekdays 10:00 am – 2:00pm

Promotes wellness, education, and advocacy for people with mental illness and their families. Support groups. No emergency services.

Pathways of Idaho Crisis Center

7192 Potomac Drive. Boise, ID

Tel: 1-833-5-CRISIS

The Pathways Community Crisis Center will provide up to 23 hour 59 minute stabilization, behavioral health services, and community linkage at no cost to men and women ages 18.

Suicide Prevention Hotline

Tel: 800-273-8255

Press 1 for Veteran’s Crisis Hotline. This hotline is free, confidential, and always available.

Trans Lifeline

Hotline: 877-565-8860

Friends & Family: call hotline and ask for ‘friends & family’

Website: <https://translifeline.org/>

Trans Lifeline is a grassroots hotline and micro grants 501(c)(3) non-profit organization offering direct emotional and financial support to Trans people in crisis – for the Trans community, by the Trans community.

Youth Behavioral Health (children under 18)

Idaho Behavioral Health Plan Managed Care Provider

Optum Idaho

Phone: 855-202-0937

Email: optum.idaho.yes@optum.com

Contact if your child has Medicaid and you need help locating a mental health provider. Also available 24 hours a day in case of a mental health crisis.

Trevor Lifeline

Telephone: 1866-488-7386

Text: 'Start' to 678-678

Message: [Trevor Project](#)

Website: <https://www.thetrevorproject.org/get-help/>

The Trevor Project is the world's largest suicide prevention and crisis intervention organization for LGBTQ (lesbian, gay, bisexual, transgender, queer, and questioning) young people. Trained counselors understand the challenges LGBTQ young people face, please call, text, or message online.

Youth Empowerment Services

Mental health services are available for children and youth under the age of 18 who have serious emotional disturbance (SED) through the Youth Empowerment Services (YES) system of care. Children's Mental Health provides services for children with SED or children who display symptoms that indicate other behavioral health problems.

Independent Assessor

Liberty Healthcare

Tel: 208-258-7980

Tel: 877-305-3469

idahoyes@LibertyHealth.com

Contact for a mental health assessment for your child if:

- Your child would like Medicaid and your household earns between 185-300% of the Federal Poverty Guidelines –OR–
- Your child already has Medicaid and you would like to access respite services paid by Medicaid –OR–
- You are unsure if your child will qualify for Medicaid because of income eligibility requirements, but would like access to the YES system of care through the Children's Mental Health program.

Note: A youth is not required to go to the Independent Assessor unless applying for Medicaid with a household income between 185-300% of the Federal Poverty Guidelines, or the youth needs access to Medicaid paid respite.

CRISIS HOTLINES

Disaster Distress Helpline: Call or Text **1-800-985-5990**

Domestic Violence Hotline: **(208) 343-7025**

Housing Crisis Hotline: **208-336-HOME (4663)**

Idaho Suicide Prevention: Text **208-398-4357**

Lifeline Options For Deaf + Hard of Hearing; For TTY Users: Use your preferred relay service or dial 711 then **1-800-273-8255**.

Mobile Crisis Unit Hotline: **(208) 344-0808**

National Suicide Hotline: **1-800-273-8255**

Pathways of Idaho Hotline: **1-833-5-CRISIS**

Sexual Assault Hotline: **(208) 345-7273**

Veteran's Crisis Hotline: [1-800-273-8255](tel:1-800-273-8255) Text **838255**

FOOD BANKS (Most donation centers offer multiple services)

Agape in Action Food & Clothing Distribution
Agape Christian Worship Center
5232 Fairview Avenue
Boise, Idaho 83706
Tel: (208) 685-0612

<http://agapecwc.com/agape-in-action/>

Last Saturday of each month.

a.i.p.h.a. - Allies Linked for the Prevention of HIV and AIDS

537 W Bannock St
Suite 100
Boise, ID 83702
Tel: (208) 424-7799

<https://alphaidaho.org/services/food-pantry/>

Food Pantry Hours: Thursdays- 2PM-8PM, Fridays- 2PM-5PM, Closed Major Holidays.

a.i.p.h.a.'s food pantry serves anyone living in the state of Idaho with an HIV diagnosis. We allow patrons to shop for their whole family. Our food pantry is a choice pantry, allowing patrons to choose what they would like to take.

Calvary Boise's Food Pantry

123 Auto Dr. (Boise Auto Mall), Boise, ID
Tel: (208) 321-7440

<https://www.calvaryboise.com/foodpantry>

HOURS OF OPERATION: Monday-Friday, 9:00 am-4:30 pm

It is an outreach opportunity to the local community. Food Pantry (can food and nonperishable items) is available on campus during normal business hours for people to receive a free bag of food as well as prayer from one of staff or volunteers.

Cathedral of the Rockies Food Pantry (Amity Campus)

4464 S Maple Grove Road, Boise ID.

Tel: (208) 362-2168

The pantry is operated in partnership with the Idaho Foodbank and Feeding America.

We serve between 25 and 30 families every week. If you need food or know someone who does, just stop by any Monday between 5:30 and 7:30 pm. There is no limit to the number of times you can visit and ID's are not required. Some basic information (name, etc.) will be requested for our records. We also provide a light sack lunch to hand out to our guests at our downtown location. Lunches are available every day, and we distribute about 100 bags each week. Lunch bags are distributed from 11:30am-1pm seven days a week.

We send out the empty bags with our church on the last Sunday of the month to be filled and brought back the next week. All food is sorted and made into complete lunches.

Downtown Location:

717 N. 11th St. Boise, ID 83702

Tel: (208) 343-7511

City of Hope Food Pantry

8401 W. Fairview Ave. Boise, ID 83704

Tel: (208) 376-7272

<https://www.cityhopeboise.com/boise-idaho-food-pantry>

Food Boxes available Mon–Thur: 9:30 – 11:30a

No one will be turned away for food and we do not require any funds to receive a food box. Everyone who comes in will get a full PRE-MADE box of food once a week. We only ask for your name and how many people you have in your family. We also offer prayer for anyone who would like to receive it. Masks are NOT REQUIRED, but if you are more comfortable wearing one we encourage you to.

Community Ministries Center

3000 Esquire Dr. Boise, ID

Tel: (208) 378-7774

<http://mvcommunityfellowship.org/center-services/>

Open: Monday – Thursday, Hours: 12:00 – 3:15 PM

Services provide; Emergency Food Bank, Social Services Screening & Referral, Elderly Services, Dietary Assistance and Education, Infant Care Supplies (please call ahead for availability), and Hygiene Items (please call ahead for availability).

Eagle Community Food Bank

149 W State Street, Eagle, ID

Tel: (208) 631-0702

<https://www.eaglefoodbank.com/distribution>

We distribute food on the 1st and 3rd Thursdays of each month from 10 am to 12 pm and the 2nd and 4th Thursdays of each month from 6 to 7 pm for West Ada County residents.

El-Ada Community Action Counsel

Boise Food Pantry – HOURS: 8am-4pm, Mon-Fri

2250 S Vista Ave., Boise, ID 83705

Garden City Food Bank –

HOURS: 12pm-4pm, Mon-Fri

701 E 44th St. Garden City, ID 83714

Households may utilize the food pantry once every 60 days. Food boxes typically provide 2-4 days’ worth of food. Garden seeds may also be available in the springtime (limited availability). Food boxes vary based on donations and location.

To receive a food box, clients must qualify and be enrolled in our CSBG program. Clients will be asked for demographic information about themselves and each member of their household. No ID or income verification is required to receive a food box. SDA Commodities are staple pantry items that are provided through our TEFAP program. Commodities are available once per month at multiple distribution sites in the Treasure Valley. For specific dates and times please call (208) 377-0700. Commodities are available at all El-Ada locations.

To receive commodities, clients must qualify and be enrolled in our TEFAP program. Clients will be asked for demographic information about themselves and each member of their household and must sign an eligibility form. No ID or income verification is required to receive commodities.

Idaho Food Bank – Refers to local food banks

Tel: 208-336-9643 OR 2-1-1

Kuna United Methodist Church Community Food Pantry

260 W 4th St., Kuna, ID

Tel: (208) 922-5929

<https://www.kunaumc.org/about>

Call 208-922-4745 to arrange your pick up. If no one answers, leave a message. We’ll get back to you. We will go over a food list with you of what we have then make you a box that you can pick up in our parking lot at a scheduled time. OR, you can download [our food list](#), make your own selections, and email a photo to kunacommunityfoodbank@gmail.com we’ll contact you to arrange a pick up time. We usually arrange pick up appointments for **Tue-Thu 9-10:30am**, but we are flexible.

Living Word Church Food Pantries

1717 N Crestmont Dr., Meridian, ID

Free Food perishable and non-perishable items

HOURS: Sundays 10 am – 2 pm and Fridays 3:00 pm to 5:00 pm

LINC – Emergency Food Box Delivery

Tel: (208) 410-4436 or

Email slipp@idaholinc.org or submit a request to <https://lincidaho.org/food>

Persons under the age of 60 with a disability that are unable to access food. Have no access to transportation or cannot drive, have no family or other support systems who can get food for you, or are medically quarantined because of COVID. You may contact the Living Independence Network

Corporation (LINC) today and we will connect you with food that is delivered directly to your home within 24-48 hours at no cost. Food delivery volunteers use personal protective equipment and protocols to keep them and you safe during the COVID pandemic. This program is currently only available in the following counties: Ada, Adams, Boise, Canyon, Elmore, Gem, Owyhee, Payette, Washington, and Valley. This program is intended to be a one-time delivery, but LINC will connect you with resources to address food insecurity.

Meridian Food Bank

133 W Broadway, Meridian, ID

Tel: (208) 888-5102

<https://meridianfoodbank.org/>

We are switching to DRIVE-THRU SERVICE in an effort to protect our clients and volunteers from the coronavirus. New hours: Open Mondays, Wednesdays and Thursdays from 12:00 pm to 4:00 pm. Please come to our facility no later than one hour before closing, during our hours of operation. A volunteer will ask you some questions about your situation. In order to complete the required paperwork you must provide: Photo identification, and you will be asked the names, birth dates, and prior-year incomes of all individuals living in your household.

Mountain View Church of the Brethren – Food Pantry

2823 N. Cole Rd. Boise, ID

Tel: (208) 602-3885

Food pantry service hours: Open: Tuesday through Thursday 10:30 am - 1:30 pm or On Call.

Check by calling the food pantry to confirm that they still are in operation and the hours have not changed.

Salvation Army Food Pantry and Family Services (See Financial)

9492 W Emerald St. Boise, ID

Tel: (208) 433-4423

Hours – Monday: CLOSED, Tuesday - Thursday: 12:00 - 4:00 PM, and Friday: 10:00 AM - 1:00 PM

* Make sure you check by calling the food pantry to confirm that they still are in operation and the hours have not changed.

Star Food Bank – Drive through

10775 State Highway in front of Star City Hall.

Tel: (208) 779-0046

<https://staroutreachonline.com/foodbank>

Hours: Tuesdays: 1:30pm – 3:30pm and Thursdays: 3pm – 5:30pm

The Star Food Bank provides food and other items each month to families or seniors in need from the communities of Star, Eagle, and Emmett and Middleton on a weekly basis.

You and your family are allowed (1) food box per month including canned foods, dairy, produce and frozen meat. Additionally, you can come every Tuesday & Thursday to shop for extra fresh produce, bread and other items, depending upon availability. There are no income restrictions to receive our services. A volunteer will ask you some questions about your situation. In order to complete the required paperwork you must provide: Photo identification and proof of your current address (such as a utility bill). You will be asked the names, birth dates, and prior-year incomes of all individuals living in your household.

St. John's Food Bank

Riffle Center for Faith Formation
775 N. 8th Street, Boise, ID

Tel: (208) 342-3511

HOURS - Mondays and Wednesdays from 1 to 3 p.m., except on major holidays.

Clients may receive food assistance from St. John’s Food Bank once per week and must provide photo ID. Offers pre-made boxes of non-perishable food, dairy items, meat and produce to families and individuals who need assistance. We also have items for those who are traveling or homeless. We offer diapers and wipes once every 30 days to clients who need it, 5 one-day bus passes every 30 days, and personal hygiene items as needed.

St. Marks Food Bank

7960 North View St. Boise, ID

Food Bank Phone: 208-327-0345

Hours: Monday-Friday 10am to 1pm

St. Mary’s Food Bank

3890 W. State St. Boise, ID 83703

Tel: (208) 345-2734

FOOD BANK HOURS Mondays and Fridays, from 11:00 am to 2:00 pm.

Clients need to remain in their cars or outside the building, and we will bring food to them.

If you feel ill in any way, PLEASE do not come to the food bank, but have someone else pick up food for you. The emergency food bank assistance to our clients is on a once a month basis. A typical family of four receives a 7 to 10 day supply of food. Each of these families are given a "personalized food pack" that addresses their particular needs.

St. Vincent De Paul Food Pantry Locations:

St. Vincent de Paul of Southwest Idaho operates five conveniently located food pantries. Stretch your food budget with food from the food pantry near you! Everyone is welcome! We accept anyone regardless of race, creed, gender, identity or other identifying factor. We are here to help, not judge. Clients are welcome once per month.

Holy Apostles

6300 N Meridian Rd. Meridian, ID

Tel: (208) 995-6697

Hours: Monday, Wednesday, Friday 1:00PM – 4:00pm and Thursday 5:30PM – 7:00PM

SVdP Council Overland Center

3209 W Overland Rd. Boise, ID 83705

Tel: (208) 333-1460

Hours: Tuesday 10:00am – 12:00pm and Friday 10:00am – 12:00pm

St. Vincent De Paul Mobile Pantry locations: <https://svdpid.org/mobile-food-pantries/>

Sulamita Food Pantry

1435 N. Black Cat Rd. Meridian, ID

Tel: (208) 585-4803

Hours – 2nd & 4th Saturdays: 10:00 am-12:00 pm, (except holidays)

Vineyard Christian Fellowship

Barnabas Center - the northeast corner of our campus

4950 N Bradley St. Garden City, ID

Tel: (208) 377-1477

Hours - Wednesdays & Saturdays, 10AM – 12PM, Drive through service only

Food Pantry is available to Ada County residents only. Food boxes are able to receive a box once a month.

Pet Pantry

Idaho Humane Society

Dorman Campus

4775 W Dorman Street, Boise, ID

Tel: (208) 331-8553

<https://idahohumanesociety.org/support/other-ways-to-give/pet-food-pantry/>

To apply for pet food assistance, visit our shelter to receive an application or fill out an application online. Proof of need is required and can be documented with any of the following:

- Food Stamps/EBT Card
- Medicaid/Medicare
- SSI
- Social Security
- Proof of low income from your most recent income tax return, payslip, or proof of Unemployment/Unemployment income statement, financial status with the Department of Health & Welfare, any Homeless Shelter or Food Bank.

HOT MEALS

All Saints Episcopal

704 S Latah St. Boise, ID

Tel: (208) 344-2537

Friendship Meals To-Go, 1st Friday of the Month from 6pm – 8pm. All are welcome.

Boise Rescue Mission Locations:

River of Life Rescue Mission

575 South 13th Street, Boise, ID.

Tel: (208) 389-9840

Meal Times (Open to Men, Women & Children)

Breakfast – 6:30 a.m. (Daily)

Lunch – 12:00 p.m. (Daily)

Dinner – 5:00 p.m. for community guests, 7:00 p.m. for residents (Daily)

City Light Home for Women and Children

1404 W. Jefferson St. Boise, ID.

Tel: (208) 368-9901

Meal Times

Breakfast – 6:45 a.m. (Sunday – Friday), 8:00 a.m. (Saturday)

Lunch – 12:00 p.m. (Daily)

Dinner – 5:30 p.m. (Daily)

Corpus Christi House

525 S. Americana Blvd. Boise, IdD

Tel: (208) 426.0039

<https://corpuschristiboise.org/services>

Offering 12:00 p.m. Lunch and it is served outside. Hot Coffee is available from 8:30 a.m. – 4:30 p.m.

Immanuel Lutheran Church

707 W Fort St. Boise, ID

Tel: (208) 344-3011

<https://ilcboise.org/outreach.php>

Anyone who is hungry is invited to the Immanuel Food Fellowship each Tuesday evening. Dinner is served at 5:00 pm, which consists of a well-balanced meal.

Meals on Wheels

<https://www.metromealsonwheels.net/get-meals>

To receive meals, contact PSA III Area Agency on Aging:

(208) 898-7060

[PSA III Area Agency on Aging Website](#)

Metro Meals on Wheels delivers and serves homebound seniors throughout Ada County, Emmett, Middleton, and a portion of Caldwell. We also serve congregate meals in senior centers in Boise, Meridian, Eagle, Kuna, Star, and Marsing, as well as Northgate Senior Village and Samaritan Village in Boise.

Red Rock Christian Church – Community Suppers To-Go

1124 S Roosevelt, Boise, ID.

Tel: (208) 342-2380

<https://redrockchristianchurch.org/community-outreach>

We invite our friends and neighbors every 3rd Tuesday at 6pm for a free meal and a safe, welcoming place to gather for conversation. At each Community Supper we extend help to our neighbors by offering free pastries, vegetables, and fruit to take home.

Whitney United Methodist Church

3315 W. Overland Road Boise, ID

Tel: (208) 343-2892

Whitney Community Dinner – Delicious Meals-to-go on the Third Friday of every month at 6 p.m.

Saturday Lunch – Nutritious sack lunches are available every Saturday from 11:00 a.m. – noon.

CLOTHING & OTHER RESOURCES

Agape in Action Food & Clothing Distribution (See FOOD BANKS).

Dress for Success

Capital Christian Center

2760 E. Fairview Avenue, Meridian, Idaho

Tel: (208) 288.4405 OR email: boisevalley@dressforsuccess.org

Women obtain what they need for an interview—from clothing to confidence—and can return once they find employment for the apparel and accessories needed to enter the workforce. By appointment only.

Catholic Charities Diaper Program

7255 Franklin Rd. Boise, ID

Tel: (208) 345-6031

Tuesdays and Thursdays from 9:30am to 6pm Sizes range from newborn to pull-ups

New Clients must bring:

- Parent ID
- ID of each child(ren) whom diapers are being requested for (photo of ID is acceptable). ID must show date of birth of child (ex. Photos/copies of Birth certificate, immunization record, etc.).
- Returning Clients will be asked to fill out a Returning Client Form and bring ID’s for themselves and their children at the start of each calendar year.
- Diapers can be requested one time a month per family
- Diapers are distributed to children aged newborn to 3 years old.
- Pull-ups are distributed to children aged 2 to 5
- Please ask us about potty chairs if you think your child is ready to begin potty training!
- If a child in your family has a medical need to continue receiving diapers past age 3 or pull-ups past age 5, please talk to CCI staff for more information.

Faces of Hope – Hope’s Closet (See Domestic Violence)

417 South 6th Street, Boise, ID

Tel: (208) 577-4400

New clothing w/tags

Joseph’s Closet – Whitney United Methodist Church

3315 W. Overland Road Boise, ID

Tel: (208) 343-2892

The Closet is open **every Saturday starting October 23rd** and every **3rd Friday of each month** until the closing date, 3rd Friday in February. Seasonal warm clothing ministry, provides coats, hats, gloves, and scarves to those in our neighborhood who need them.

Redeemer Lutheran Church – Wash Wipe Wear

2920 Cassia Street. Boise, ID

Tel: (208) 344-6758

<http://redeemerboise.org/www/>

3rd Saturday of the month, 1pm – 2:30 pm

Detergent, toilet paper, and diapers

The Closet, Inc. Ada County teens in grades 6-12

10338 W Fairview Ave Boise, ID

Tel: (208) 409.0204

<https://www.theclosetinc.org/>

Clothing, shoes, and toiletries.

The Wardobe

<https://www.wardrobetreasurevalley.org/order>

Order Pick up: 2212 N Meridian Rd. Meridian, ID

Our services are solely for the use of youth currently in foster care, kinship care, or adults who have aged out of foster care under age 21.

HOUSING PROGRAMS/RENTAL ASSISTANCE

Ada County Indigent Services

252 E Front St. Ste. 199, Boise, ID

Tel: (208) 287-7960

<https://adacounty.id.gov/clerk/indigent-services/rent-and-utility-assistance/>

Assistance for rent, power, heat and or water bill, please fill out the rent and utility assistance application. Assistance is limited to one month’s service in a 12-month period. Applications take approximately 2-weeks to process and do not assist if service is disconnected.

CATCH of Ada County – Homelessness Outreach; OurPath Home

503 S. Americana Blvd. Boise, ID 83702

Monday-Friday 9AM-4:30PM

Tel: (208) 246-8830

<http://www.catch@catchprogram.org>

Jesse Tree Rental Assistance

1121 W Miller St. Boise, ID 83702

Tel: (208) 383-9486 or Email: office@jessetreeidaho.org

<https://www.jessetreeidaho.org/>

St. Vincent De Paul – Help Line

Help line: Ada County and Mountain Home: (208) 331-2208

<https://svdpid.org/help-line/>

Assistance with utilities, rent, household goods, transportation & clothing. Leave a message with name, phone number, zip code, and need. Speak slowly and clearly. A volunteer will call you back within 48 hours. The call may be from a blocked number – Please answer it! If you don't receive a call back, please call the Helpline again. The caller will arrange a visit by two St. Vincent de Paul Volunteers.

INCOME: Cash Assistance & Benefits Programs

Salvation Army Boise Family Service Office

9492 W. Emerald St. Boise, ID

Tel: (208) 343-5420

Hours are 9:00 AM to 3:00 PM

Provides the most comprehensive range of social service programs of any organization in the Treasure Valley to help families and individuals seeking to rise above poverty and live self-sufficiently. The Salvation Army is committed to serving the whole person, body, mind and spirit, with integrity and respect, using creative solutions to positively transform lives without discrimination.

Programs:

Client Choice Food Pantry - The largest food distribution pantry in the county

Getting Ahead - Bridges Out Of Poverty education classes

Pathways Out of Poverty - Empowering families toward stability

Family Services Classes - Job, financial literacy and life skills classes

Project Share - Utilities assistance

Student Assistance - Backpacks and school supplies

Holiday Assistance - Toys, food boxes and Adopt-A-Family

Coats - Winter coats for children and adults

Booth Marian Pritchett School Program - For pregnant and parenting teens

Vouchers - Clothing and household supplies

* Make sure you check by calling the food pantry to confirm that they still are in operation and the hours have not changed.

The Idaho Department of Health & Welfare Programs: you will need to apply by calling **1-877-456-1233 (toll free)** or In Person: 1720 N Westgate Dr STE A, Boise, ID 83704

Aid to the Aged, Blind and Disabled (AABD) Cash Assistance.

Provides cash assistance for individuals who are **65 or older, blind, or disabled**. Eligible individuals will receive a small payment each month to help with everyday living expenses.

Temporary Assistance for Families in Idaho (TAFI)

Provides temporary cash benefits for eligible low-income families and households to help pay for food, clothing, shelter, and other essentials.

The Social Security Administration

Social Security Supplemental Income

The Supplemental Security Income (SSI) program provides monthly payments to adults and children with a disability or blindness who have [income](#) and [resources](#) below specific financial limits. SSI payments are also made to people age 65 and older without disabilities who meet the financial qualifications.

To apply: Call us to make an appointment to file your application at **1-800-772-1213**. If you are deaf or hard of hearing, you can call us at TTY 1-800-325-0778 –OR–

Online: <https://www.ssa.gov/benefits/ssi/start.html>

Social Security Disability Income

The SSDI program pays benefits to you and certain family members if you are “insured.” This means that you worked long enough – and recently enough - and paid Social Security taxes on your earnings. The Supplemental Security Income (SSI) program pays benefits to adults and children with disabilities who have limited income and resources.

While these two programs are different, the medical requirements are the same. If you meet the non-medical requirements, monthly benefits are paid if you have a medical condition expected to last at least one year or result in death.

To apply: Call **1-800-772-1213** (TTY 1-800-325-0778) from 8:00 a.m. to 7:00 p.m., Monday through Friday, to apply by phone. –OR–

Online: <https://secure.ssa.gov/iClaim/rib>

SOAR - Assistance with Applying for SSI/SSDI:

The SOAR effort in Idaho is an initiative designed to increase access to SSI/SSDI for eligible adults who are experiencing or at risk of homelessness and have a mental illness, medical impairment, and/or a co-occurring substance use disorder.

Jeannette Curtis, Our Path Home OUTREACH Team (PATH)

Boise, ID

Email: outreach@catchprogram.org

Phone: 208-391-3298

Child Care

Idaho Child Care Program

The Idaho Child Care Program (ICCP) serves families with children under the age of 13 or over 13 if a child has a disability, providing child care assistance to working families by paying for a portion of child care. The parent’s share is based on the size of the family and the amount of their income.

To apply call: 1-877-456-1233 (toll free) or In Person: 1720 N Westgate Dr STE A, Boise, ID 83704.

Head Start

[Head Start](#) & Early Head Start is a Federal program that promotes the school readiness of children from birth to age five from low-income families by enhancing their cognitive, social, and emotional development. Head Start programs provide a learning environment that supports children's growth in many areas such as language, literacy, and social and emotional development. Head Start emphasizes

the role of parents as their child's first and most important teacher. These programs help build relationships with families that support family well-being and many other important areas.

Kindall Center/Head Start and Early Head Start Center
4707 W Camas St
Boise, ID 83705 - 5832

Register at:
FRIENDS OF CHILDREN & FAMILIES, INC
(208)344-9187

Lutheran Community Services NW - Safe Families for Children

2920 Cassia Street, Boise, ID

Tel: (208) 509-2431 OR email: safefamiliestv@lcsnw.org

To apply: <https://safe-families.org/get-help/>

Temporary day or overnight care for children up to ages 18 in a host family.

Navigation

For referral dial **2-1-1** OR **1800-926-2588**

Bridge connections to resources and supports to address current needs.

Adult Developmental Disabilities Program

The Medicaid Program has special provisions for people with developmental disabilities (DD). If you would like to apply for developmental disability services, first you need to complete a Medicaid application and be determined financially eligible for Medicaid. Then you will need to complete an application and assessment for the DD program to determine if you will be eligible for DD services.

The application process for the adult with developmental disabilities program has two steps:

- 1) Apply for Medicaid
- 2) Complete the developmental disabilities application

You may request an application by contacting your local DHW office or by accessing this link: [DD Application](#)

Children Developmental Disabilities Program

The Children’s Developmental Disabilities Program provides a system of care that has a wide array of home and community based services for children including intervention and support services. The system emphasizes evidence-based treatment methods, community integration, and family empowerment.

To apply: Contact the local regional Family and Community Services (FACS) Developmental Disability Program office at **208-334-6500** or toll free at 877-333-9681 for information and an application.

Food

Community Food Programs:

School Lunches - During the school year, qualifying children can receive free and reduced-cost meals while at school. Any family with children enrolled in a school or district participating in the school meal programs (National School Lunch Program and/or School Breakfast Program) may apply for these services. Contact your school to apply or learn about any additional eligibility requirements.

Summer Meals - During summer break, children can receive free meals at food sites. All kids and teens ages 1-18 years old are welcome. No income requirements and No questions asked. Text SUMMER MEALS to 97779 or call the 2-1-1 Idaho CareLine (Dial 2-1-1) to find locations.

Supplemental Nutrition Assistance Program (SNAP) - The Supplemental Nutrition Assistance Program (SNAP), formerly known as Food Stamps, helps low-income families buy the food they need in order to stay healthy.

To apply: by calling **1-877-456-1233 (toll free)** or In Person: 1720 N Westgate Dr STE A, Boise, ID 83704.

Farmers Market - Double up Food Bucks: There are several farmers markets in Idaho that will double your food stamp benefits! Programs vary by market but at some locations you can get up to a \$20 match per market visit! This means take \$20 off your EBT card and receive another \$20 to spend on fruits and vegetables for you and your family.

LEGAL ASSISTANCE

Faces of Hope – Domestic Violence Protection Orders

417 S 6th St, Boise, ID

Tel: (208) 577-4400

<https://www.facesofhopevictimcenter.org/>

Works with University of Idaho Law Students to represent victims of domestic violence.

Idaho Legal Aid Services

1447 Tyrell Ln, Boise, ID.

Tel: (208) 746-7541

<https://www.idaholegalaid.org/node/2173/legal-services>

Free Legal Advice Lines: Domestic Violence, Housing, and Senior: **Advice Line Hours.** Intake for the advice lines occurs Monday through Thursday (excluding holidays), from 10:00 a.m. to 12:30 p.m. and 2:00 to 4:30 p.m. There are no phone intakes on Fridays. However, you may apply online for services at any time: [Apply Online for Services.](#)

Intermountain Fair Housing Council

4696 W. Overland Rd., Suite 140. Boise, ID

Tel: (208) 383-0695 or 1-800-717-0695

Provides information and education services to housing consumers, housing providers, community organizations, and lending institutions. Monitors fair housing compliance of housing providers, lending institutions, and local and state governments. Engages in enforcement activities which include

investigation, testing, and complaint filing with State or Federal authorities. Negotiates fair housing settlements by mediation, conciliation, or litigation, if necessary.

Volunteer Lawyers Program – Probono Legal Services

Application for Pro Bono Legal Assistance: <https://isb.idaho.gov/ilf/ivlp/legal-assistance/>

The Idaho Volunteer Lawyers Program assists Idahoans with civil legal issues. Qualifying for help is based on the income and assets of all people living in your home. It is also based on the kind of legal problem you have. To determine qualification, please complete the application to our program below. IVLP cannot assist with criminal issues.

SHELTERS & SHOWERS

Boise Rescue Mission - City Light for Women & Children

1404 W. Jefferson St. Boise, ID

Tel: (208) 368-9901

At City Light, we offer a safe haven of hope and love, providing [emergency services](#) such as meals, shelter, and clothing, as well as education, work-search assistance, mental health counseling, addiction recovery through the [New Life Program](#), and children’s programs.

Check-In: Overnight Shelter – 4:00 p.m. (Daily)

Special accommodations can be requested at check-in.

Corpus Christi House Day Shelter & Showers

525 S. Americana Blvd. Boise, ID

Tel: (208) 426.0039

<https://corpuschristiboise.org/services>

Hours: 8:30 a.m. Open for showers, coffee, clothing and laundry. Public Bathroom & Shower- Towels and soap provided and Laundry Services – Clothes can be dropped off for washing and drying

Idaho Youth Ranch – Hays House

7221 Poplar St. Boise, ID

Tel: (208) 322-2308

<https://www.youthranch.org/hays-house>

24 hr. shelter for kids, ages 9 to17, who are runaways, homeless, victims of abuse or neglect, or just need a safe place. Provides drop-in services so young people can stop in for safe place to get a warm shower, a hot meal, and more.

Interfaith Sanctuary – new location TBD

1620 W River, Boise ID

Shelter Tel: (208) 343-2630 after 5:00 pm, or to leave a message during the day.

Hours: Mon. – Sun. 6 pm – 7 am

<https://interfaithsanctuary.org/>

River of Life – Men’s Shelter only (no children)

575 South 13th Street. Boise, ID

Tel: (208) 389-9840

Check-In: Overnight Shelter – 4:00 p.m. (Daily)

In addition to emergency food, shelter, and clothing, this Boise shelter for men offers:

- Education
- Job-search assistance
- Mental health counseling
- Veterans Ministry Program
- New Life Discipleship & Recovery Program

Salvation Army Nampa Corps – Day Center

1412 4th St. S. Nampa, ID

Tel: (208) 461-3733

The Day Resource Center provides breakfast, lunch and access to showers and laundry facilities for homeless and at-risk of homeless families and individuals. This program is open to the public every week day and is closed on Saturday and Sunday.

Transportation Services

Cathedral of the Rockies

Good Sam Days (Downtown Campus)

Pete Schroeder | pschroeder@boisefumc.org

Every 1st and 3rd Wednesday afternoon we serve our neighbors in need. We offer transportation assistance in the form of stored value local bus passes, and also offer toiletry items, baby supplies, and home-baked treats. Bus passes are given in a lottery-based system that can be entered between 1:30 and 1:55pm for a 2pm drawing.

Harvest Transit – Seniors & Disabled residents of Meridian

Tel: (208) 343-4414

Hours: Mon. – Sat. 9am – 3pm.

Schedule trip at least 2 business days in advance.

MTM – Non emergent medical transportation

To schedule ride: 1-877-503-1261 or <https://mtm.mtmlink.net/>

Medicaid appointments only.

You must schedule your trip at least two business days before your appointment, unless your trip is urgent or you are discharged from a hospital. We schedule routine trips Monday through Friday from 8 a.m. to 6 p.m. You can schedule urgent trips 24 hours a day, seven days a week.

Non-Emergency Transportation (N.E.T.) Gas Vouchers

If you receive Medicaid, you may be eligible for a gas voucher for reimbursement of travel expenses to the doctor, dentist health screening, ill or well-visits. To determine if you qualify, contact the Medicaid office to find out how to apply.

Rides 2 Wellness – Medical Appointments only

Valley Regional Transit

To schedule ride: (208) 345-7433 M-F; 8 am – 5 pm.

Folks not eligible for Medicaid transportation, live in Ada County, and do not have transportation to your medical appointment at a participating clinic. Rides must be booked at least 2 business days in advance. Rides can be scheduled no more than 14 days in advance. Be sure to schedule your return ride, if one is needed.

Utilities

CELLPHONE ASSISTANCE

Assurance Wireless – Free government cell phone

<https://www.assurancewireless.com/lifeline-services/states/idaho-lifeline-free-government-phone-service>

SafeLink Wireless – Free government cell phone

<https://www.safelinkwireless.com/Enrollment/Safelink/en/Web/www/default/index.html#!/newHome>

StandUp Wireless – Free government cell phone

<https://standupwireless.com/>

HOME ENERGY ASSISTANCE

Ada County Indigent Services

252 E Front St. Ste. 199, Boise, ID

Tel: (208) 287-7960

<https://adacounty.id.gov/clerk/indigent-services/rent-and-utility-assistance/>

Assistance for rent, power, heat and or water bill, please fill out the rent and utility assistance application. Assistance is limited to one month’s service in a 12-month period. Applications take approximately 2-weeks to process and do not assist if service is disconnected.

Intermountain Gas Company

Tel: (208) 377-6840

<http://www.lntgas.com>

Heating assistance program for temporary heating emergencies.

Keep Kids Warm – families

El-Ada

701 E. 44th St. #1 – **(208) 322-1242**

2250 S Vista Ave. – **(208) 345-2820**

Assistance for low income families with children in the Treasure Valley.

Low Income Home Energy Assistance Program (LIHEAP)

El-Ada Community Action Agency, Inc.

2250 S. Vista Ave. Boise, ID

Tel: (208)345-2820

Applications are accepted Nov. 1 – Jan. 31st. Past-due utility bills, disconnection notices, wood and propane fuel costs, heating system repairs, and or heating system replacements.

Project Share – People Helping People

Salvation Army

Tel: (208) 343-5429

<https://boise.salvationarmy.org/boise2/project-share/>

St. Vincent De Paul

Helpline: (208) 331-2208

INTERNET

Affordable Connectivity Program

<https://acpbenefit.org/>

You are likely eligible if your household’s income is below 200% of the Federal Poverty Line, or if you or someone you live with currently receives a government benefit like SNAP, Medicaid, SSI, WIC, Pell Grant, or Free and Reduced-Price Lunch

TELEPHONE ASSISTANCE

Low Income Telephone Program: The Idaho Telephone Service Assistance Program (ITSAP) is a community assistance program that helps improve living conditions for low-income households and encourages self-reliance. Telephone assistance helps eligible low-income families pay for basic telephone service installation costs or monthly costs for basic residential phone service. **Ask your telephone provider for more information about telephone assistance and Lifeline benefits.**
